



BILINGUAL HORSE-RIDING SUMMERCAMP HÍPICA PRATS 2020



Refugi dels Erols

- June 28 – July 4
- July 5 – 11
- July 12 – 18
- July 19 – 25

About Hípica Prats

At Hípica Prats, we seek to offer equestrian programmes geared specifically towards three main areas: education, training and tourism.

With over 30 years' experience in the sector, the centre runs the official professional training courses for technicians in Conducting Physical and Sports Activities in the Natural Environment (CAFEMN), it organises equestrian activities for numerous educational centres throughout Catalonia, and it offers tourism services for individuals 365 days a year. We also have a show jumping club for adults and children where we teach basic skills and give introductory and advanced jumping classes.

The staff at the centre does not focus on technical expertise and leisure aspects alone, but is also fully aware of and strives to

meet our learners' emotional requirements. Our philosophy is based on inspiring mutual respect between the rider and the horse, and we are committed to leading by example: we treat our students with the respect they deserve while instilling in them the values of discipline, effort and perseverance required for a sport as complex as horse riding.

The team

Mireia Botella Bertran



Technician in Conducting Physical and Sports Activities in the Natural Environment
Equestrian sports technician

Marc Elmeua González



Graduate in Sports Science
Postgraduate in High Performance Sport
PhD candidate in Equitation Sciences

Carla Larrañaga Umbert



Graduate in Psychology
Postgraduate in Neuro-linguistic Programming
Diploma in animal-assisted interventions

Ramon Núñez Chavero



Technician in Conducting Physical and Sports Activities in the Natural Environment
Alpine skiing sports technician



Key pillars

COOPERATIVE LEARNING

Horse riding is an essentially cooperative sport. Moreover, this cooperation arises between a person and an animal, which involves a form of communication that is external to both and yet created by them. We use this phenomenon and extend it to encourage collaborative work between the children themselves, and between the children and the horses, thus fostering the values of commitment and solidarity towards others.

SAFETY

We understand and share the concerns that arise when parents leave their children at a summer camp. Safety is always our top priority. To ensure a secure and monitored environment, we have chosen a location with no access to any busy roads. It is obligatory to wear a helmet and safety vest, and we have established a ratio of 4 students per monitor. We also explain on a daily basis how to act safely around horses.

MEANINGFUL LEARNING

David Ausubel defines 'meaningful learning' as one based not on repeating concepts, but on slowly relating new concepts to pre-existing familiar ones, allowing learners to organise and link the ideas being learned to what they already know. We follow this educational approach to help our learners grasp the values and concepts behind horse riding through stories they weave themselves.

Interpersonal values

At Hípica Prats, we pay close attention to helping our students interact respectfully with each other by bringing out the best of each of them as individuals, making them aware of their qualities and encouraging them to use these qualities to work and have fun together.

A day at the camp

| | |
|-------------------|--------------------------------|
| 8:30 - 10:00 a.m. | Breakfast and personal hygiene |
| 10:00 - 11:00 | Horse grooming |
| 11:00 - 11:30 | Mid-morning snack |
| 11:30 - 12:30 | Horse riding class |
| 12:30 - 1:00 p.m. | Horse bathing |
| 1:00 - 2:00 | Free time |
| 2:00 - 4:00 | Lunch |
| 4:00 - 6:00 | Route on horseback |
| 6:00 - 6:30 | Horse grooming |
| 6:30 - 7:00 | End of day activity |
| 7:00 - 8:30 | Free time |
| 8:30 - 9:30 | Dinner |
| 9:30 - 10:30 | Outdoor cinema |

Refugi dels Erols

Refugi dels Erols is an old Catalan village that has been refurbished as a hostel providing the ideal summer-camp setting. It is just minutes away from Pobla de l'Illet, following a forest path that is fully accessible during the months of spring and summer. Its distance from urban centres makes it the perfect location to enjoy horse riding activities in the heart of nature. The hostel has its own kitchen, an in-house cook and a dining room, and fully equipped rooms with bunk beds, toilets and hot-water showers.



Dietary requirements

We are well aware of the exceptional dietary requirements of children attending a summer camp of these characteristics. Therefore, we have developed a 7-day nutritional plan to cover the caloric expenditure involved in this adventure. The plan is adaptable to all intolerances, which must be notified beforehand. We can also cater to special requirements based on ideological beliefs or other reasons.

The food is all local, fresh, market produce, and the meals are varied, generous and are prepared with care and exceptional taste by the hostel keeper.



Jaume R

19 opiniones · 4 fotos

★★★★★ Hace un año -

Molt recomenat per els amants de la muntanya! Parada fixa per qui pujar Fins el coll del pal. Ramon el seu guarda, cuina de manera espectacular i generosa!



Laura Rodriguez

Local Guide · 19 opiniones · 14 fotos

★★★★★ Hace 3 meses

Un lloc precios on anar a desconectar! El Ramon, el guarda, molt agradable i acollidor! A mes a mes cuina super be!!!



Odette Azemar

3 opiniones

★★★★★ Hace 8 meses

Refugi fantàstic. Ben cuidat i net. Ramón el guarda és un cuiner estupendo i les racions no les acabes. Tornarem! ... [Más](#)

Jaume R.: *Highly recommended, especially for mountain lovers. An essential stop for anyone wishing to climb up to Coll del Pal. Ramon, the keeper, is a spectacular and generous cook!*

Laura Rodríguez: *A beautiful place to get away from it all. Ramon, the keeper, is kind and welcoming! He is also a great chef!!!*

Odette Azemar: *A fantastic hostel. Clean and well looked-after. Ramon, the keeper, is a wonderful cook and the rations are plentiful. We'll be back!...*



Bilingualism

At Hípica Prats, we consider bilingualism not only as a form of international integration, but as a way to help our learners open their minds globally and as a tool for fostering interpersonal relations. Therefore, we welcome English-speaking learners and encourage Spanish-speaking learners to practice their English. We give one horse-riding lesson a day in English, which helps our young riders become familiar with technical terms specific to the horse-riding world, and enables them to go abroad and move ahead once they have completed their training in Spain.

Prices

- 3 weeks → €2,400
- 2 weeks → €1,700
- 1 week → €900

Discounts for enrolment before April 30

- 3 weeks → €2,100
- 2 weeks → €1,450
- 1 week → €800

A 30% deposit is required for each enrolment

The price includes:

Multi-risk insurance

7 days' full board and lodging

25 hours' (at least) horse riding

1 horse riding class in English per day

7 hours dedicated to emotional education

7 night-time activities

24-hour monitoring